



ausEE Inc.

a charity dedicated to improving lives
affected by an eosinophilic disease

TOP 8
CHALLENGE

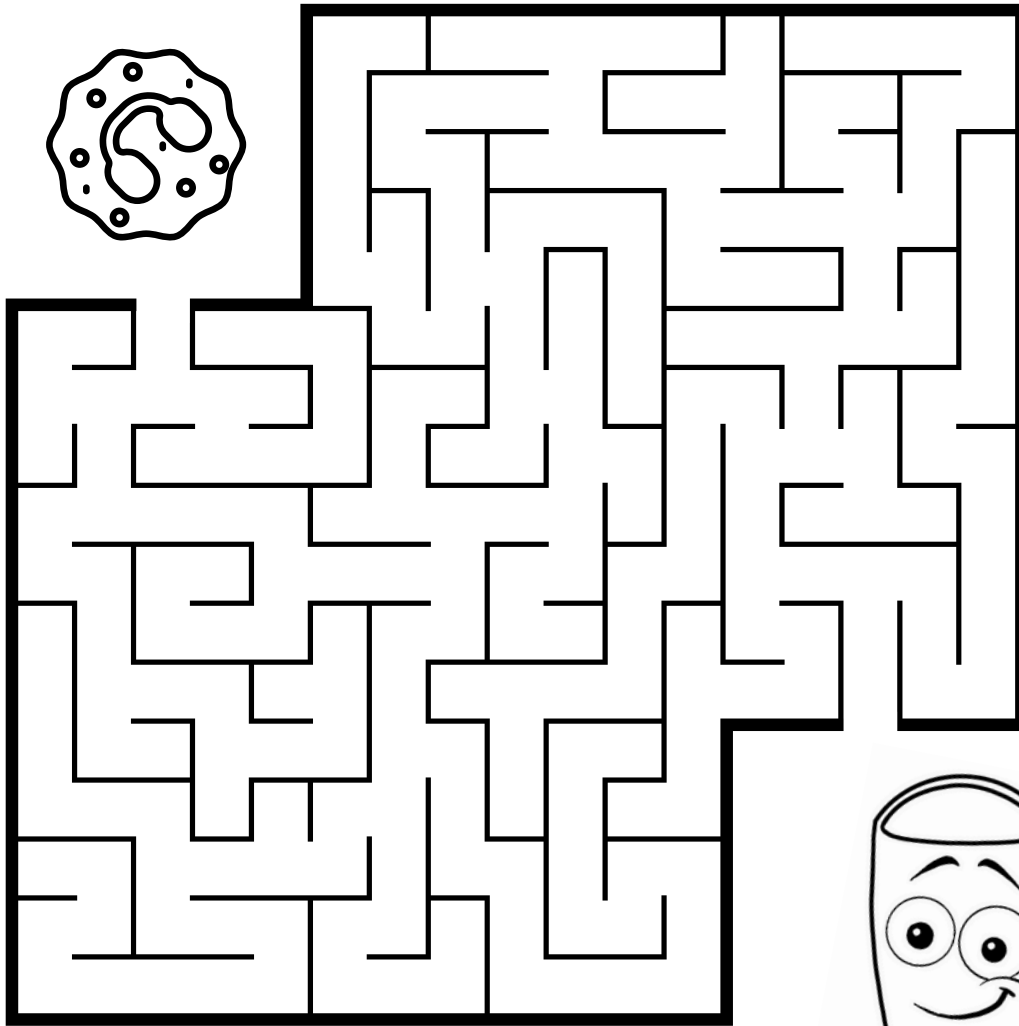
National Eosinophilic Week ACTIVITY BOOK

This belongs to:

.....



Help the eosinophil find its way to the oesophagus

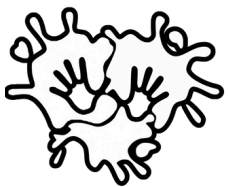
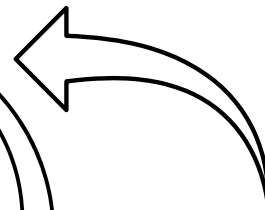
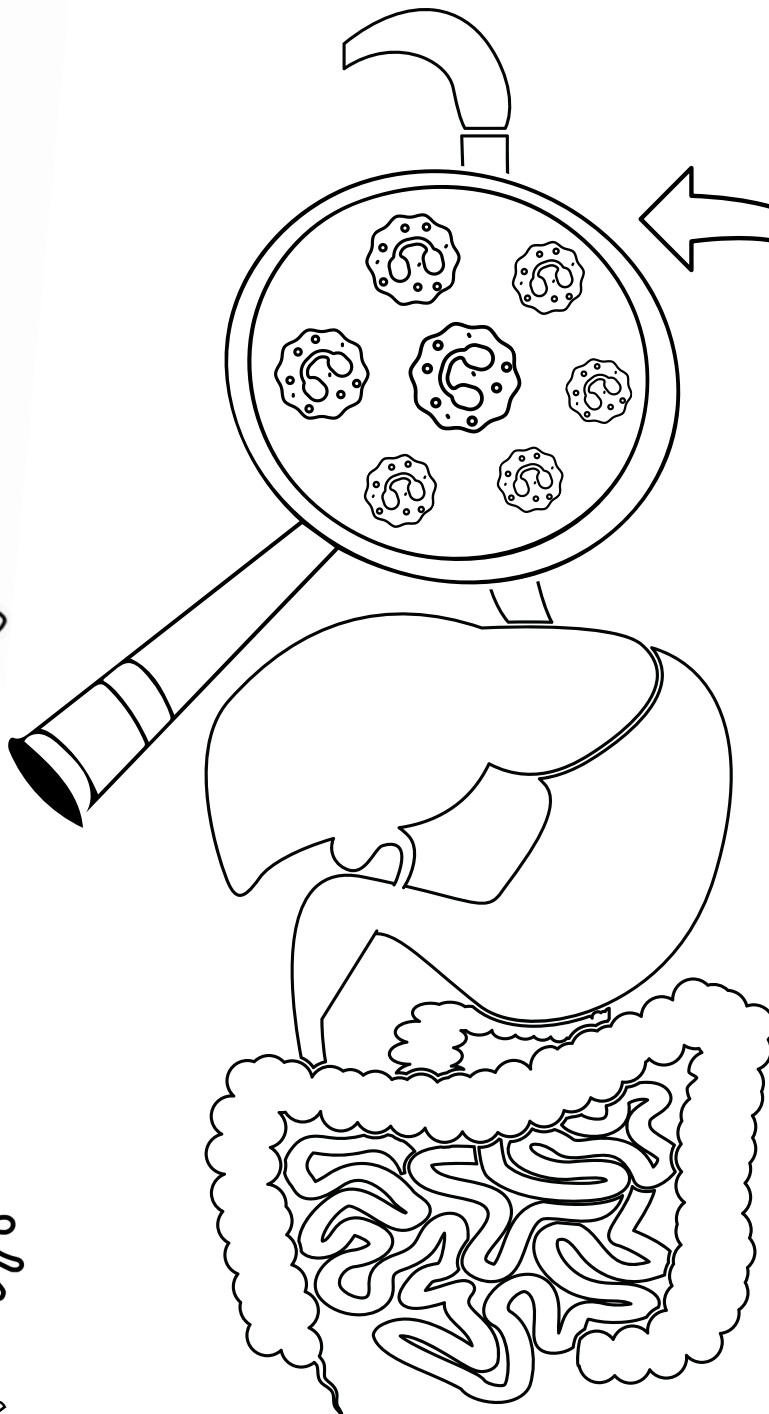
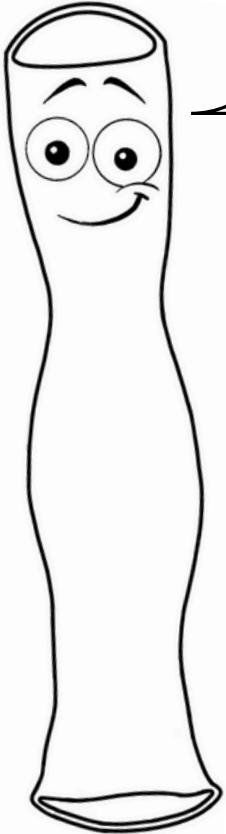


Eosinophils (ee-oh-sin-oh-fills) are a type of white blood cell that play a role in certain medical conditions and immune responses.

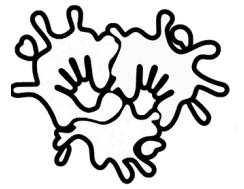


Colour me in!

Eosinophilic Oesophagitis (EoE) is the most common type of eosinophilic gastrointestinal disease (EGID). It means there are too many eosinophils in the oesophagus (food pipe).

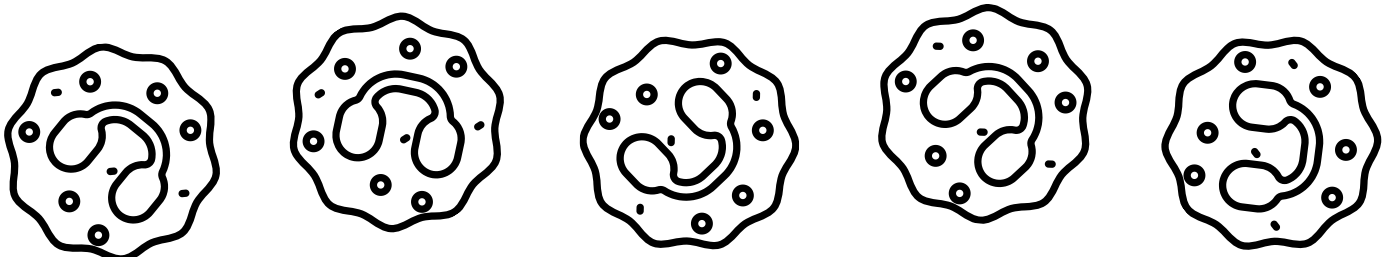
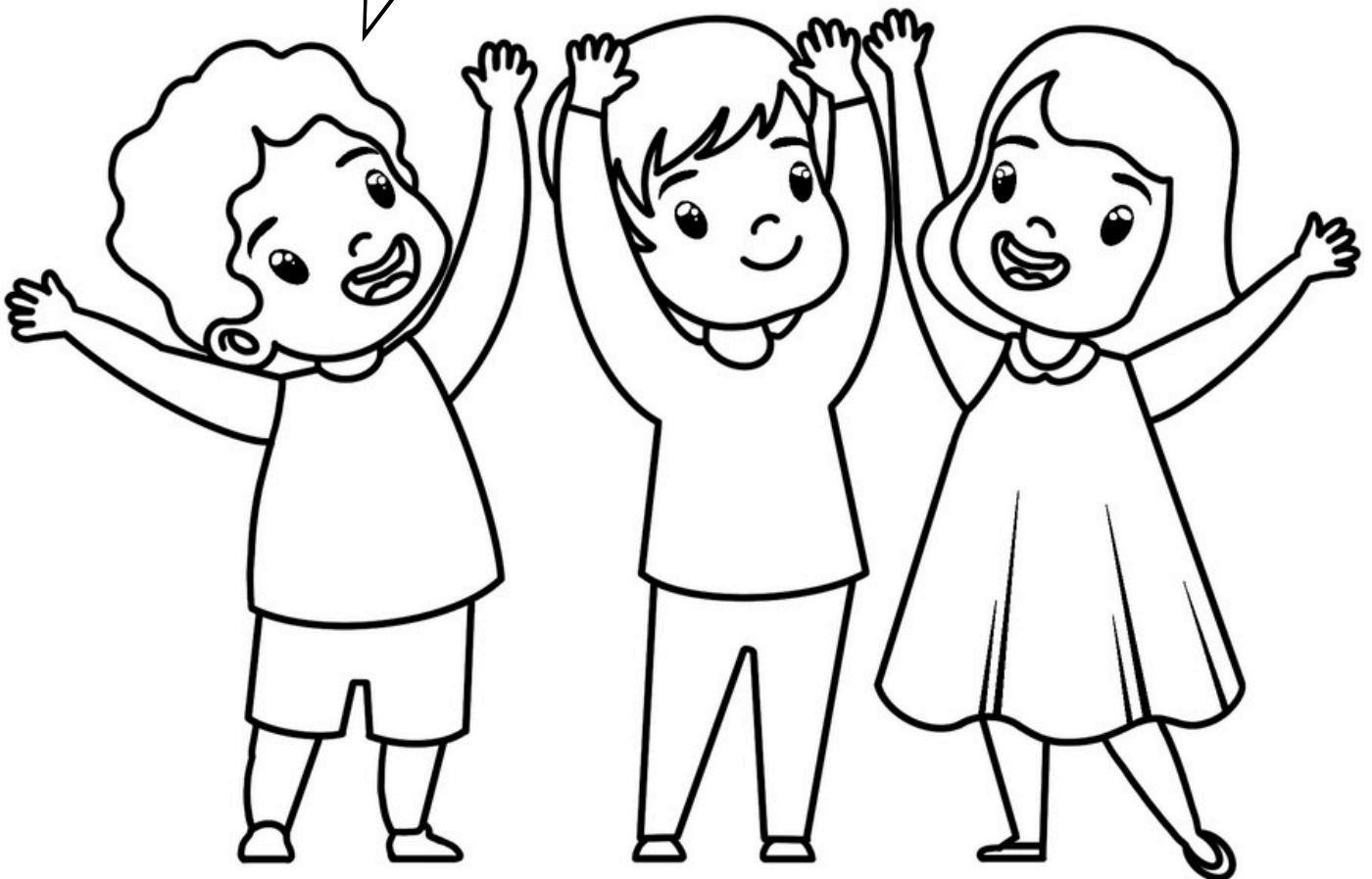


Colour me in!

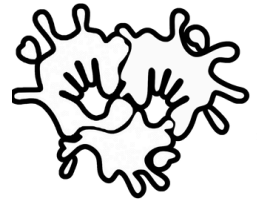


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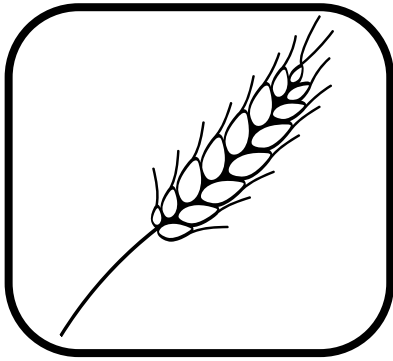
We are wearing pink and purple
(the colours of eosinophils) to raise
awareness for eosinophilic diseases.



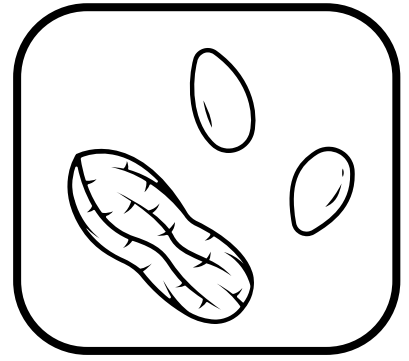
Can you match the TOP 8 allergens?



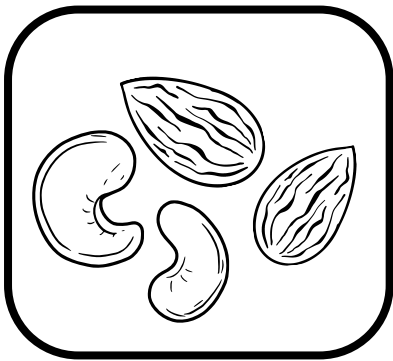
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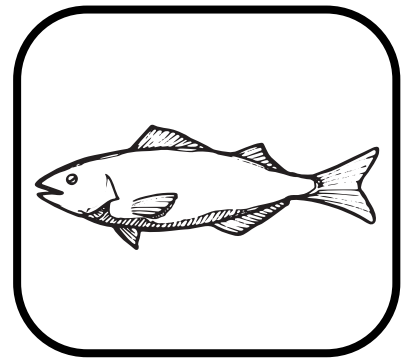
milk



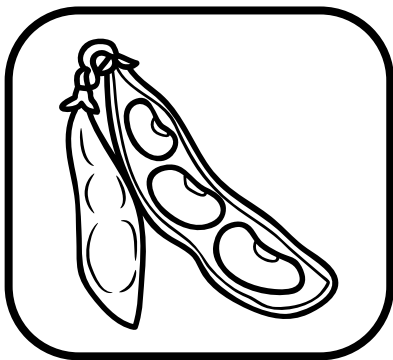
wheat



peanuts



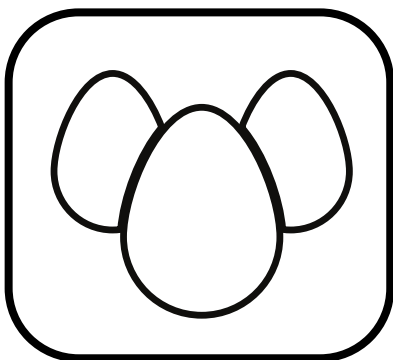
eggs



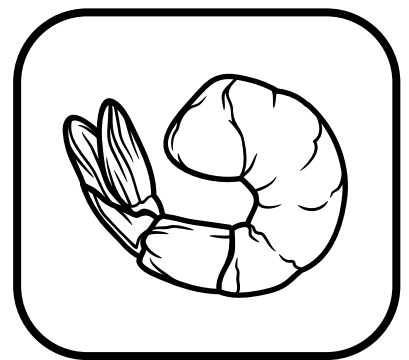
shellfish



tree nuts



fish

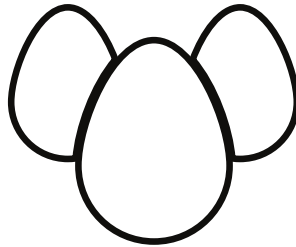


soy

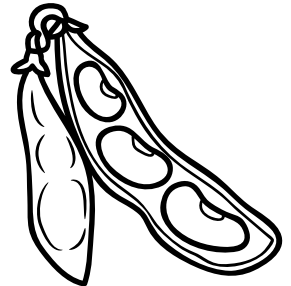
Can you name the TOP 8 allergens?



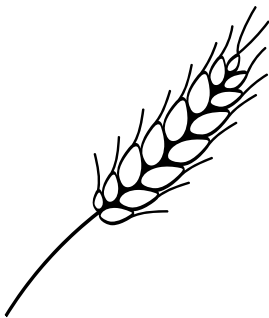
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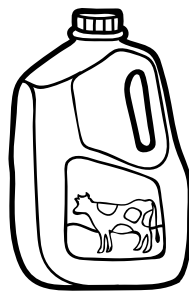
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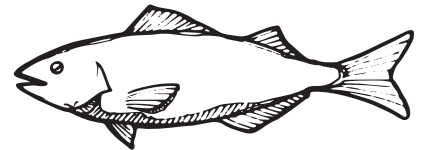
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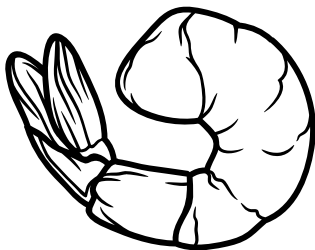
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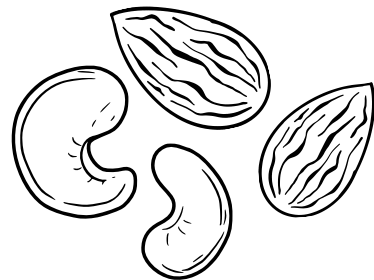
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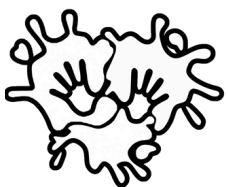
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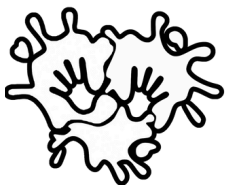
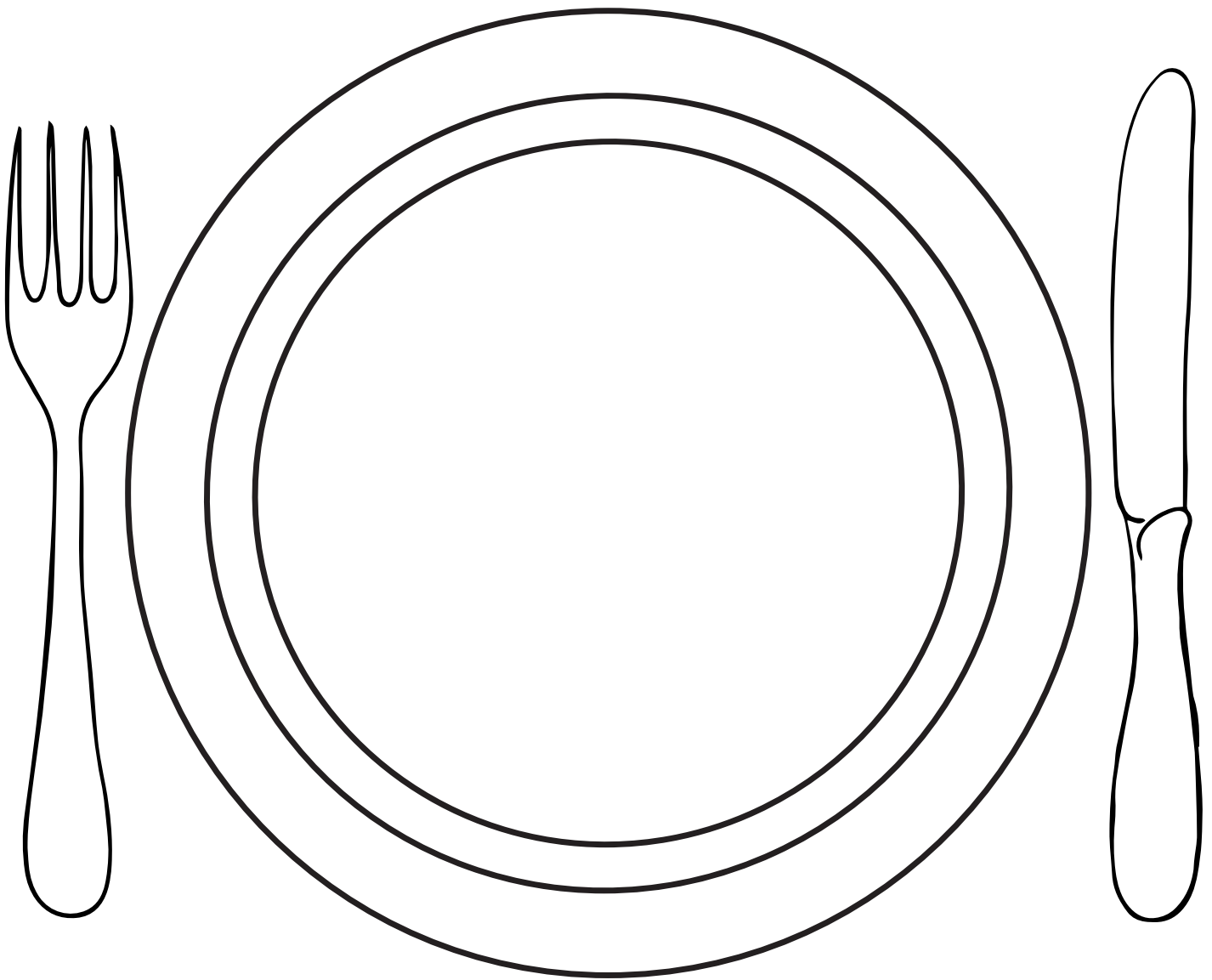


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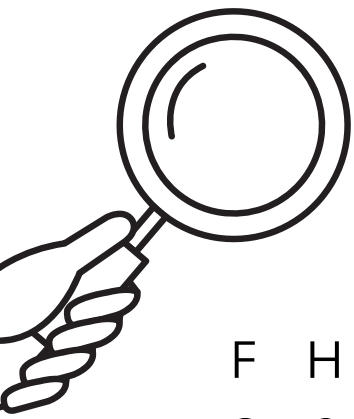
Sam is taking the Top 8 Challenge on the 8/8.
For one day, he can't eat milk, eggs, wheat,
fish, peanuts, tree nuts, soy, or shellfish.

What can Sam eat for dinner?



ausEE Inc.

TOP 8
CHALLENGE



Word Search

F H O W D S V C Q A T R A S L
G S G W K S D V L Q U H T H I
W I G U G Q O L B B A U Q E H
H F V M A B E Y Q Q N T A L P
F A I A G R W H W A I C E L O
D L C K G T R E E N U T S F N
K T A Y Z J Y P T E K E D I I
S Y A W A R E N E S S G Q S S
T H I E G N E L L A H C B H O
I F X I H A D A E K N C W Q E
D U B M K W C C E A L T O O U
W S G G E R N K F O P Z C I S
P P M B P L F W S H Y W Z Q F
C O G H M K K Z R X Y U X T Z
M W N F J D H D J D E O H Q T

milk

eggs

wheat

fish

peanuts

tree nuts

soy

shellfish

allergy

eosinophil

awareness

challenge

